

The Leadership game - "Be a leader worth following"

Introduction

You do not need not be a manager to be a leader, you do not even need to have a title. Whatever position you hold in the organization you work in, in life, or where you live and practice in the world, you have the strength to show leadership.

When we define leadership, we are inspired by nature and natural leadership powers. We are talking about a leadership, attracting followers of free will. Using inspiration from a herd of horses, we learn the importance of leadership, and that a favorable leadership of the horse herd, is based on trust and respect that is communicated, and developed over time by a leader who is consistent. Consistency creates trust and by being trustworthy, the leader becomes worth following. The interesting thing is that everyone in the herd is a candidate for taking leadership, and will do so depending on the situation and the individuals included in the herd.

.

To begin to lead, you must believe in yourself. To be able to continue to lead, others must believe in you. According to research on leadership, trustworthiness is the characteristic of the qualities that we humans are looking for and admire in a leader that we follow voluntarily. A trustworthy leader is honest, visionary, inspiring, competent, and worth following. These are qualities that we all have more or less of, and which we can develop.

We are introducing 4 natural leadership powers that everybody can develop

1. The power to live and work every day, and do and be your "absolute best", and thus demonstrate leadership in your field.
2. The powers to inspire, influence and contribute to the growth of every person you meet, by being a great living example.
3. The power to navigate positive change with passion, under both positive and negative circumstances
4. Anyone can become a leader worth following, live the truth of leadership, treating your stakeholders with respect, appreciation and kindness and create a EAHAE context that is the best for all

In this action-oriented 35-day game, you play your own leadership game by yourself and / or with other leaders in the EAHAE organization. In the game, we focus on the positive, on what gives life to your leadership when it works at its best. Leadership does not work if nobody follows. The outcome of the game is that you lead yourself and others for long-term positive change. You will be the trustworthy leader that you yourself, and others happily and willingly follows - a leader worth following.

"Be a leader worth following" - leadership game is a way to get away from a traditional problem-oriented view of navigating change and develop new skills. It is an invitation to look at learning and change as an exciting adventure.

In this game we will meet in 6 group sessions, and develop our leadership skills with the following game plan

- Game Card 1: Energy and Focus – to see yourself as the cause of a desirable outcome
- Game Card 2: Authenticity – to be true and say and do what you say and do
- Game Card 3; Humility – to make life richer for others
- Game Card 4; Trustworthiness - to be consistent and dependable
- Game Card 5: Charisma – to be a leader worth following

We turn to those of you who want to create success in life and in your HAE businesss by developing your leadership skills.

The goal of the game is to be a trustworthy leader a, leader worth following in one or more areas of your choice.

The results you create involve at least one person who follow you, and believe in you and in your stretch and leadership development. It can be a coach, a person or a whole group of people who you want to bring in to your leadership game. It could be the entire EAHAE organization, your clients, your family and friends.

The role of the Coach is to inspire, create a context where you find courage to learn, play and win.

As your coach, I play the game myself out of a passion to see other people grow, learn and develop their leadership skills and with the purpose to be a leader worthy to follow.

Are you ready to play with your leadership?

Game Instructions

Welcome to the game!

This is the website for your game. If you want to access the audio recordings, documents, and any movies, click on the "Syllabus" tab in the menu above. In Syllabus, you can note how far you and all other participants have come in the game. Participant code is used in games that gives a diploma or used in any form of certification.

If you have any questions, please contact Member Services via the help desk - [click here](#).

Phone Bridge and PIN - Get a personal PIN code! We use the telephone bridge Maestro for this game. This means that each player has their own personal PIN.

Get your personal PIN number by clicking the following link and follow the instructions. Write down your PIN! It will not appear in 'My Calendar': [CLICK HERE](#)

(NOTE: - Phone to phone bridge and a GENERIC PIN appears in my calendar. Your personal PIN does not appear there. Note your personal PIN so that you do not forget it.)

Number of Phone Bridge: +1 530-216-4294 - Generic PIN code for players: 999,999

Dyad partners

We will divide the group into smaller groups of four, dyad. Read our 'dyad guide' to get the most out of your dyad.

You will see the dyad you belong on your Game Card. We will assign a dyad at the first session. If you miss the first session you will be assigned to a dyad at the next session. Some dyad will change due to absent players, so try to be flexible if you will be asked to change the dyad.

Goal of the Game

The goal of the game is to become a trustworthy leader, a leader worth following, in one or more areas of your choice.

Every week you play a new game with yourself, together with other EAHE leaders, developing yourself as a leader and creating the success you want and desire, in your life, in your business, or at your work.

In this leadership game, you take actions, overcome your obstacles to success, get the right things to happen, and you learn to play better than you can dream of, together with a coach and the other participants in the group.

In this action-oriented five-week game, you create a game with your own costumed content, that is about how you grow as a leader, a leader worth following. The result of your activities are monitored on a weekly basis, and will not just be measured by your personal success, but how honest, visionary, inspiring and competent you are compared to your opponents every week.

Meet your coach

Kerstin Weibull Lundberg

Kerstin plays the leadership game herself. She is passionate about developing the leader in all people, and she constantly strives to be a leader worth following. She is a certified ICF coach and Play-Two-Win™ method Coach

Kerstin's vision is to inspire people to be a leader worth following, and her motto is that leadership is about leading yourself and others with play and joy.

Based on natural principles and an earthy and practical attitude, in combination with management experience and theoretical knowledge, Kerstin inspires leaders to lead their organizations, and their own lives. She coaches her clients in a playful and honest way, encouraging them to "play big".

Kerstin's game plan is companies and organizations worldwide. She has over 25 years of leadership experience in both global and small local companies, in boards of directors, management, and as a management consultant and coach. The ground rules of her game are set by a Master Degree in Engineering (Industrial Management), a Master Degree in Business Administration (International Marketing), a coach training and a certification with ICF (International Coach Federation), and life's own school. Kerstin is married and has three children. Together with her family she shares a passion for nature. Right now, she has found balance in her life by living on a farm with horses outside of Stockholm and with the world as her marketplace.

Kerstin is the owner and CEO of TRÄFALLET AB since 2002, with the brands, 3falls Coaching™ and 3falls HorsePower & Natural Leadership™. A platform from which she delivers coaching and training in leadership, communication and team building, to managers and leaders in companies and organizations. In 3falls HorsePower & Natural Leadership's experience-based training Kerstin offers a playful and effective way to fast sustainable results. With the help of horses, she provides an authentic training situation for the leadership and communication.

Play big

The basic principle for all games in LifeVille, is to play and work

To create a game for your career, your business, your life, means that you fully use your strengths and talents in a way that provides value to others and create joy and satisfaction in

your own life at the same time. This means that you wake up every morning ready to create opportunities instead of working with tasks and problems. To play you must be willing to step outside your comfort zone and stand out. You need to be willing to take risks and to show and be known for who you really are.

Work vs. play

You have grown up in an industrial society and are trained to work. You have probably learned that play is something you only do when the job is done. You have learned that games are frivolous and that you are working on what's important in life. These principles have filled an order in our lives but we must realize that they are now doing more harm than good. We are stressed, overworked and flee into passive entertainment. That is not what life was meant to be.

When you play with others to win

You have fun. You focus on having fun when you do what you do rather than just focus on getting it done. You try to give value to others in ways that create satisfaction for yourself. You like to meet other players in your team and you share a common vision.

You experience creativity You focus on using your strengths instead of working on your weaknesses. You look forward to the unexpected challenges every day, because they are awakening your creativity. You search for new opportunities for yourself and others rather than fixing problems.

You create results. You focus on using your strengths and talents which fulfill your purpose and fulfill the promises you give to others. You also focus on being masterful and to become a good player, when you get the job done. You are engaged in activities that produce results. You end each day knowing that you lived your life fully.

The approach to play, play is the key

One key to really succeed in life is to have the mind set, the attitude to play. Based on our fundamental belief that all people are born to play, we have developed a theory that everything in life can be set up as a game to win.

This is our game – to be a leader worth following

Game Card 1: Energy and Focus – to see yourself as the cause of a desirable outcome

Game Card 2: Authenticity – to be true and say and do what you say and do

Game Card 3; Humility – to make life richer for others

Game Card 4; Trustworthiness - to be consistent and dependable

Game Card 5: Charisma – to be a leader worth following